

Cohevi Roasted Artichoke Halves

Nutrition Facts	
Serving Size: 3 pieces (85g)	
Servings Per Container 4	
Amount Per Serving	
Calories 291	Calories from Fat 249
	% Daily Value*
Total Fat 27g	42%
Saturated Fat 9g	44%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 255mg	11%
Total Carbohydrate 8g	3%
Dietary Fiber 4g	16%
Sugars 1g	
Protein 2.5g	
Vitamin A 0%	Vitamin C 4%
Calcium 2%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calroes per gram:	
Fat 9	- Carbohydrate 4 - Protein 4

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